

# LIVINGWORKS

## TALK

**SUICIDE IS PREVENTABLE  
ANYONE CAN MAKE A DIFFERENCE**

**Most people  
who have  
thoughts of  
suicide want to  
live.**

**FREE COMMUNITY WORKSHOP**

- **Learn skills for becoming more suicide alert**
- **Learn to recognise the ways people invite help**
- **Learn how to engage with people at risk**

**GLEN APLIN HALL**

**1 - 5pm Saturday 9 Nov '19**

**To enquire or register:**

**Email [services@rhealth.com.au](mailto:services@rhealth.com.au) or call your local Health Service Navigator on 0459 022 561**