

HOPE HORIZONS CANCER WELLNESS CENTRE PRESENTS

Living Well With Cancer Education Forum

Road to Hope



Tony Lawton Photography

Learn about how Hope Horizons supports your cancer journey

The Road to Hope has been made possible by funding from Darling Downs and West Moreton PHN.

9am-3pm Thursday 23rd May
Granite Belt Brewery, Stanthorpe

BOOK NOW

OUR PROGRAM INCLUDES:

www.hopehorizons.com.au

GUEST SPEAKERS

Kate Beyer, Hope Horizons
Susan Long, Susan Long Psychology
Alastair McGorm, Vision Exercise Physiology
Jenny Wren, Grace & Joy Wellness

or 4636 6108

AFTERNOON SESSIONS

Susan Long Psychology: relationships and cancer
Susan Long Psychology: talking about your diagnosis with others
Vision Exercise Physiology: group exercise circuit sessions
Grace & Joy Wellness: guided meditation and mindfulness session

Hope
HORIZONS

FULLY CATERED LUNCH INCLUDED

FREE EVENT - BOOKINGS ESSENTIAL - LIMITED TICKETS