FARMER FREE Mental Health Training



Do you want to learn how to identify, understand and assist people experiencing stress?

Warwick

Date: Tuesday 18th June Time: 7.30am - 11.30am Meal: Breakfast will be provided from 7.30am Venue: Clippers Bar and Grill, 65 Victoria St, Warwick

We are looking for farmers, community members and agricultural industry representatives who want to learn more about mental health and increase their capacity to help community members and farmers navigating ongoing seasonal challenges.

No prior experience with mental health or counselling required.

Spaces are limited email: richard.henshaw@health.qld.gov.au or phone: 07 4616 6760

These workshops have been made possible by funding from Darling Downs and West Moreton PHN.



Darling Downs Health



www.farmerhealth.org.au